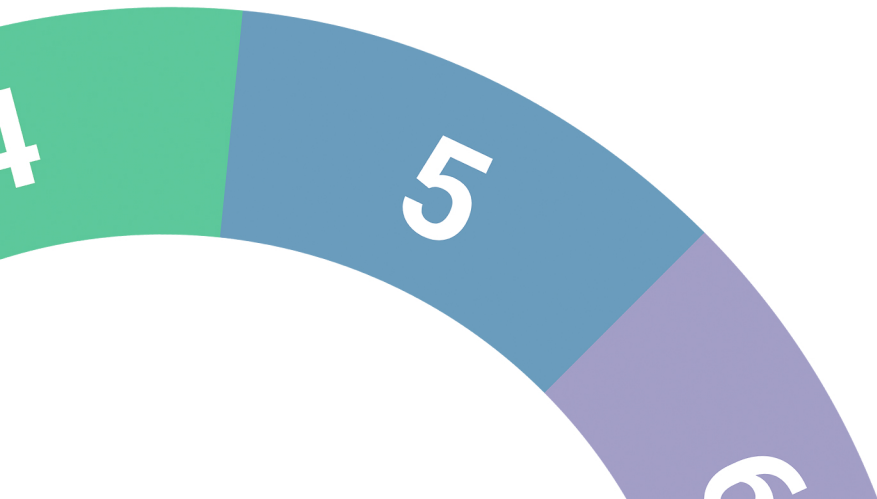


Jesus Calling[®]

Enneagram Discussion Guide



Jesus Calling[®]

Enneagram Discussion Guide

Enneagram Type 5

Description:

The Enneagram 5—or, as they are often referred to, the Investigators—are a part of the triad of personalities that operate out of their heads—or their thoughts—as their center. 5s are driven by a need to perceive and work hard to accumulate knowledge so that they can better understand the world that God made.

5s can be used by God in the world when they share the wisdom that they've gleaned from all their careful observations, while staying open and vulnerable enough to show that sometimes they don't have the answer—and that's okay. 5s remind others to stop and take time to observe the world around us, because there are treasures everywhere we seek, if we just take a second to look.

Positive Traits:

cerebral, perceptive, innovative, visionary, and independent

Potential Trouble Spots:

may become reclusive, secretive, insecure, and anxious

Find out more about other Enneagram types, and how each Enneagram number has a special purpose in God's family by watching "Relating to God Through the Enneagram," a special series on

[YouTube.com/JesusCallingBook](https://www.youtube.com/JesusCallingBook)

Take a free Enneagram Assessment to identify your Enneagram type. Visit assessment.yourenneagramcoach.com. And ask your loved ones to take the test, too!

Discussion 1: Faith to Believe What We Can't See

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated July 18th, and then answer/discuss these questions.

Questions:

1. Have you ever had a hard time feeling like God was there, because you couldn't see or hear Him? How did you work through that?

2. This passage reminds us that while our Enneagram 5 eyes are very open to the world around us, sometimes they may not be open to what God wants us to see. What are some ways you can enter into conversation with God and ask Him to show you His path, and how His hand is in everything?

3. Acts 17:27–28 shares that God isn't far from each of us, even though we can't see Him. Why do you think God wants us to live by faith? How do you think that helps our spiritual walk?

Discussion 2: Focusing on God's Blessings

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated March 20th, and then answer/discuss these questions.

Questions:

1. Think of a time when God was blessing you, but you didn't perceive it in the moment. When did you eventually notice the blessings? How did it feel to know that God had been working in your life all along?

2. When we 5s are not in a good mental place, sometimes we can tend to over-prepare and become anxious, because we feel like we aren't in control. What are some of the things that cause you to stress, and what helps you feel in control? How could giving it to God help you sort it all out?

3. In 2 Corinthians 5:5, it says that God has made us for a purpose and He will guarantee what's to come. Why do you think it makes us feel secure and prepared to see tangible proof of things? How is it the ultimate act of faith to believe in something you can't see, hear, or feel?

Discussion 3: Knowledge Doesn't Always Equal Peace

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated October 6th, and then answer/discuss these questions.

Questions:

1. This passage shares that while it's good to want to know the world around us, eventually we'll have to surrender a firm understanding in order to trust God and His plan. Think of a moment when you were having a hard time or were stressed because you couldn't wrap your mind around something. How did leaning on God help you feel His peace?

2. We Enneagram 5s love to build on our knowledge so we can understand God's creation. But have you ever let your curiosity and thirst for information distract you from an authentic relationship with God, where you have to rely on Him for support?

3. 2 Corinthians 5:7 is a good reminder for Investigators, because we are driven by a need to perceive. How can we learn to let go and remember that we won't always have the answers?

Discussion 4: Develop a Vision for God

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated May 23rd, and then answer/discuss these questions.

Questions:

1. Enneagram 5s have a particular gift for seeing God's treasures in the world, but sometimes our gift of observation slips into anxiety when we're "shackled" to the presumption that we have to see and know everything. How would you behave a little differently if you let go of the idea of seeing everything and instead looked for God?

2. Type 5s tend to be visionaries, seeing potential in something others can't. Where do you see beauty and potential in the world?

3. Colossians 2:2-3 shares that our wisdom and knowledge—particularly when it pertains to the world around us—is from God. How is He working through you to share the information you've gleaned from your observations? How might that help someone else?

Discussion 5: Lean Not On Your Own

Understanding

Please read the devotion (or listen if you have the *Jesus Calling* audiobook) and related Scripture passage from *Jesus Calling* dated August 7th, and then answer/discuss these questions.

Questions:

1. One thing Type 5s struggle with is feeling like we have to know (and be prepared for) everything. How does figuring things out help you feel in control? Are there things in your life you won't try until you feel like you can master them fully beforehand?

2. Proverbs 3:5–6 says we can't rely on our own understanding—that's so hard as an Enneagram 5! Has your own understanding led to some mishaps and wrong turns before?

3. A growth area for 5s is learning the difference between mastery and Master. How can you learn to relax and trust that God has everything figured out, so you don't have to? What kind of peace could that bring you?
